



Sweetpotatoes: Culinary Trends and Applications

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Day One

Rotating Stations



Station 1 - Article Analysis

Read the two articles on sweetpotato trends and answer the article analysis for both in your station packet.

- <https://www.npr.org/tags/158870691/sweet-potatoes>
- https://www.washingtonpost.com/business/2019/04/20/sweet-corn-out-sweet-potatoes-data-shows-fundamental-shifts-american-farming/?noredirect=on&utm_term=.b825f30d47ac

Station 2 - Sweetpotato Podcast with Vivian Howard

Listen to the podcast below and answer the questions as you listen.

<https://www.splendidtable.org/story/family-affair-for-vivian-howard-sweet-potatoes-are-a-point-of-pride>



Answer the questions from the packet labeled “Station 2”.

Station 3 - Menu Descriptions for Vegan Cooking with Sweetpotatoes

Research 5 popular recipes from restaurants of your choice and change out ingredients to include a tasty vegan and gluten-free dish that features sweetpotatoes. Rewrite the menu description to “sell” these new dishes.

Answer the questions from the packet labeled “Station 3: Menu Descriptions”

Day Two

Sweetpotato Trend Lab



sweetpotato Soup with Miso Foam Lab

- <http://www.juleshappyhealthylife.com/en/sweet-potato-soup-with-miso-foam/>
- FCCLA Time Management Plan
- Sweetpotato Soup with Miso Foam Lab
 - Students can make this recipe gluten free and vegan if desired.