

**Sweetpotato – Healthy Snacks - Appendix B
Kitchen/Food Lab Duties Reflection Sheet**



Directions: At the end of the lab, answer the questions about the Kitchen/Food lab experience.

Use complete sentences in answering the following....

- 1. How did your entrée' taste?**
- 2. How would you have changed the recipe?**
- 3. What would you have done differently in the job you held for this lab?**
- 4. What helpful advice could you give the next person on your team who does this job next time?**
- 5. What grade do you think you individually deserve? Why?**
- 6. Did your team work well together in this lab? Why or Why not?**
- 7. What grade do you think your group collectively deserves? Why?**
- 8. Could and/or would you make this item at home? Please explain.**